

Building The Human Firewall

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Cybersecurity

Cybersecurity is all about preserving the confidentiality, integrity, and availability of information assets.

- Confidentiality – Authorized parties only
- Integrity –Reliable, Authentic
- Availability – When needed to authorized parties

Cybercrime

**The Internet is the crime scene of the 21st century –
NY DA Cyrus Vance, Jr.**

**Stealing is stealing, whether you use a computer
command or a crowbar –**

Carmen Ortiz, US Atty for Massachusetts

- Violent crime is down while cybercrime is up
- Tools of the trade have changed
- New Identity Theft in U.S.
 - Every 2 Seconds/1800 Per Hour

Cybercrime Drivers

- Money/Organized Crime/Nation States/Hacktivism
- Convergence
 - Internet-facing systems
 - Anything, anywhere, any time demand
 - Sophisticated attackers
- Cybercrime Consumerism
 - Hacker tools are becoming increasingly more sophisticated while requiring increasingly less knowledge by the hacker about how they work.

Cybercrime Challenges

- Attackers are hard to identify
- Crimes are:
 - Hard to detect
 - Hard to prove
 - Not reported
- Jurisdiction Issues

2014 – Year of The Retail Hack

Date	Company	Records
Jan 25	Michaels	2,600,000
Feb 6	Home Depot	20,000
Jul 22	Goodwill	868,000
Aug 18	Community Health Systems	4,500,000
Aug 21	US Postal Service	105,000
Aug 28	JP Morgan Chase	1,000,000
Nov 7	Home Depot	53,000,000
Nov 10	US Postal Service	800,000
Nov 18	Staples	1,200,000
Nov 24	Sony	500,000/100TB

2015 – Big Data Gets Its Turn

Date	Company	Records
Jan	Anthem Health Insurance	80,000,000
March	Primera Blue Cross	11,000,000
April	Office of Personnel Mgmt	21,500,000
April	RyanAir	\$5,000,000
June	Trump Hotels	7 Resorts
Aug	Ashley Madison	32,000,000

Allianz Global Report:

- Cybercrime costing UK businesses £2.8bn annually
- Accounts for 16 percent of gross domestic product

Cybercrime Costs

- U.S. Firms Spent \$71 Billion on Cybersecurity in 2014
- Expected to Spend \$77 Billion this year
- Spending on security technology never higher
- Criminals seek to exploit networks from the inside, circumventing technology

You Probably Already Have Technology

- Firewalls
- IPS
- Email Security
- Web Security
- NIDS
- Advanced Malware Detection and Response
- Data Loss Prevention
- Endpoint AV/AS/AM
- Endpoint Encryption
- Encryption at Rest/In Motion

How To Build The Human Firewall

- Social Engineering
- Social Media
- Free
- Phishing
- Email
- Passwords
- Mobile Devices
- Wireless Networks
- Cloud Computing
- Internet of Things

Social Engineering

- The clever manipulation of the human tendency to trust.
- Malware and cybercriminals need your help.

Cybersecurity is as much social science as computer science.

- Without understanding human factors and adopting an attitude of awareness, technology will let us down.
- Technology is the cyber attack delivery vehicle.

Human behavior, not computer vulnerability is the target.

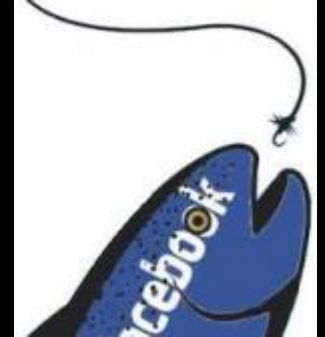
Anatomy of a Social Engineering Hack

**CIA Director John Brennan AOL account hacked by a teenager
October 12. Brennan forwarded email from a White House email
address to his AOL account.**

- Hacker determined Brennan had a Verizon mobile phone.
- Called Verizon, posing as a technician unable to access the customer database. Received account number, PIN, AOL email address, and last 4 digits of credit card.
- Called AOL and asked for a password reset providing information obtained from Verizon.
- Read email, including:
 - Work spreadsheets containing names/SSNs
 - Call logs
 - Brennan's contacts

Social Media

- Don't "friend" your enemies
- Social engineering depends on familiarity
- Don't over share – 20% share full DOB
- ***Sometimes shared interests or chance meetings are more than a coincidence***
- A strong social network presence makes you 50% more likely to be spear phished
- 60% of profile pictures contain GPS data
- Messaging apps show where you've been
- Assume anything you share online will be there forever and will become public



Free

- **When the product is free, YOU are the product**
- Angry Birds
- Windows 10 EULA
 - We will access, disclose, and preserve personal data, including your content (such as the content of your emails, other private communications or files in private folders), when we have a good faith belief that it is necessary to do so
- Facebook
 - You grant us a non-exclusive, transferable, sub-licensable, royalty-free, worldwide license to use any IP content that you post on or in connection with Facebook

Phishing

- Give a man a fish and you will feed him for a day



- Teach a man to phish and he will gladly buy dinner with your credit card



Phishing

- Phishing is the attempt to gain personally identifiable and/or financial information by masquerading as a trustworthy source in electronic communication
- **Phishing is a people problem**
 - Most popular form of Social Engineering because it works
 - Appeal to trust, relationship, charity, greed, curiosity, fear, right a wrong

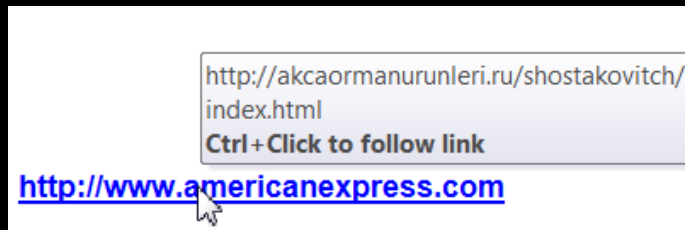
Email

- 90% of malware is delivered by phishing email
 - Think Target, Chase, Home Depot, Sony
 - Think of suspicious email You received in the last 30 days

***Making the right decision about email is
your best cyber defense***

Email

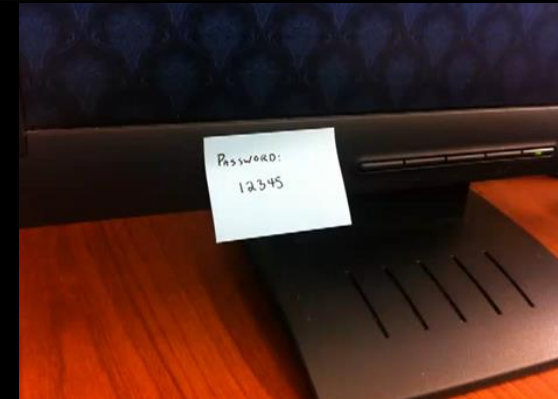
- Use different email accounts for work, personal correspondence, social networks
- Webmail accounts not suitable for work email
- Hyperlinks – **Hover to Discover** Before Clicking



- Recognize Fakes
 - <http://chaseonline.com.zebrig.au/login.html>
- Think before you reply
- Be wary of:
 - Attachments
 - Login Requests
- Resist
 - Free/Too good to be true
 - Calls To Action

Passwords

- Use Different Passwords
 - Work
 - Social Networks
 - Banking
 - Public Email
 - Medical
 - Shopping
- Change Every 90 Days/Don't Share
 - Sharing Your Password Grants Others Permission to Be YOU
 - 25 People Gave Snowden Password
- Complex passwords hard to remember
 - Epw74RG!@^
- Passphrases Instead of Passwords
 - CyberSecurity is an Attitude!
 - Cyb3rS3curity is an Attitud3!
- Password Managers



Two Factor Authentication

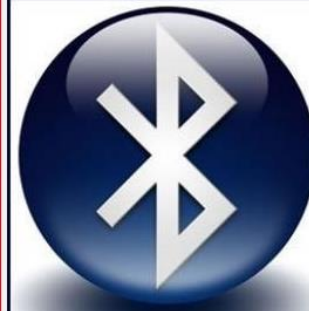
- Identification - Your claim
- Authentication – Your proof
 - Something you know - Password
 - Something you have - Token, text
 - Something you are – Biometrics
- You already use two factor authentication
- Use two-factor authentication for:
 - IOT
 - Computers
 - Websites
 - Remote Access



Mobile Devices

- Assume physical control equals loss
- Remote Locate/Wipe Software
- Don't be part of the jail brake
- Require Passcodes/PINs
- Encrypt everything, including memory cards
- Lock screen after 5 minutes of inactivity
- Avoid app data loss... think Angry Birds
- Turn off Frequent Locations/Bluetooth
- Dispose with care
 - 35% of resold mobile devices contain prior owner's data

THE AVERAGE PERSON
CARRIES 2.9 DEVICES*



Men are like "Bluetooth";
he is connected to you
when you are nearby, but
searches for other
devices when you are
away...



Women are like Wi-Fi:
she sees all available
devices but connects to
the strongest one.

Wireless Networks

- Home
 - Change the default SSID without identifying yourself.
 - Turn on encryption and select WPA or WPA/2.
 - Change the administrator name and password.
- Public
 - Encrypted or not?
 - Phones search and automatically connect
 - Hackers publish hotspots like “Free WIFI”
 - Within minutes a coffee shop hacker knows:
 - Names/Passwords/Search History/More



Cloud Computing

- Your data is in the cloud. Sanctioned or not.
 - Storage, Collaboration, Backup
 - Phone SYNC, Office Apps, CRM
- But where exactly is your data?
- And who, besides you, has access?
- **Before** moving to the cloud, ask:
 - What is/is not in Contract
 - Content Management
 - SLAs
 - Access/Subcontractors
 - Validation of controls
 - Certifications/Compliance
 - Usage of Data
 - Backups
 - Security Standards
 - Breach Notifications
 - Encryption
 - Geolocational Issues
 - Post Termination Transition Rights/Assistance
 - Support



Internet of Things

- Devices with Internet access that collect, store, and send information without human intervention
- Convenience is the priority
- Security, if at all, an afterthought
- Who has access to this information
 - Thermostats/Appliances
 - Cameras/Home Security Systems/Doors
 - Cars – GPS, Phones, Music, Directories, Insurance Devices
 - Medical devices and implants



What Should You Do?

- Recognize Social Engineering
- Minimize Social Media
- Avoid Free
- Strong/Different Passwords
- Email Discernment
- Two-Factor Authentication
- Lockdown Mobile Devices
- Encrypt Everything
- Cloud Wisely

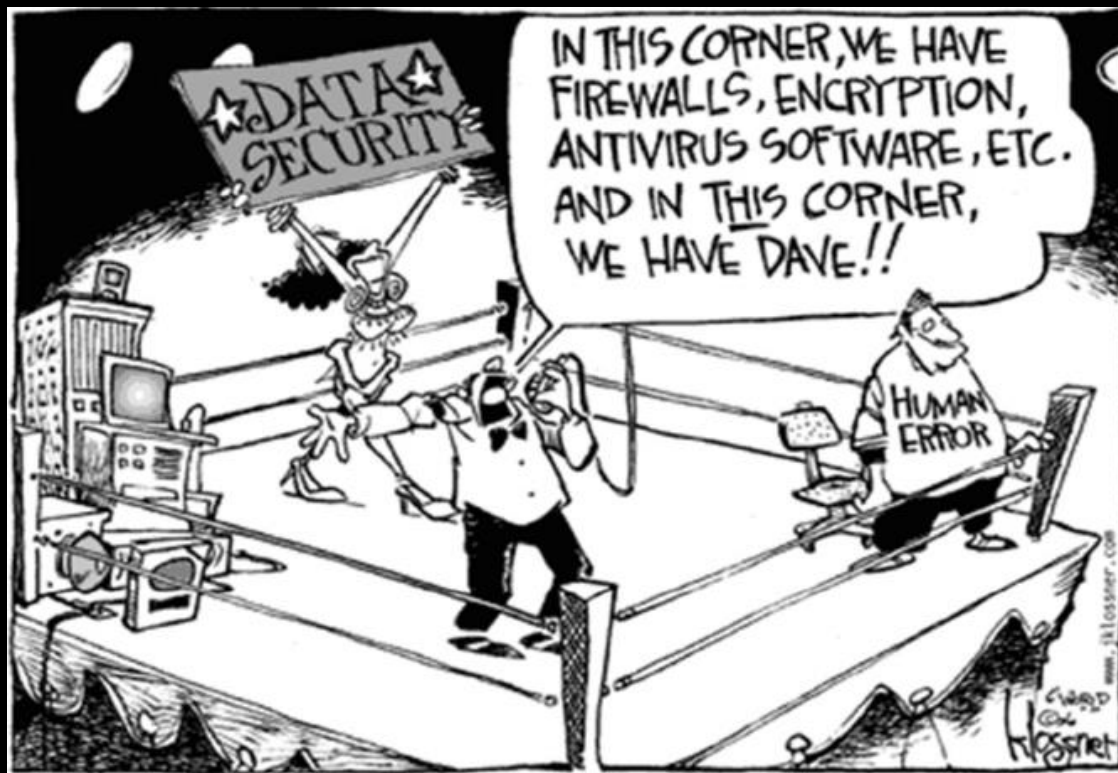
Final Thoughts

Cybersecurity is an attitude, not a department.

**We spend millions on technology, and it's mostly money
wasted, if we do not build
the human firewall.**

**We strive
We persevere
We raise the bar
We get better
Be the human firewall**

Questions?



Helpful Links

Today's Presentation Is Available:

<http://thehumanfirewall.org/presentations>

<http://www.securingthehuman.org>